

FOOD - Products of the Stirling Health Food Store on 13/03/24

Below is a list of products, we have in store and/or online in the category 'Food' on Wednesday 13 March 2024.

If a product is not listed on our site, please phone the Stirling Health Food Store at 01786 464903. We can often order products in quickly.

Product	Availability
Eleat Protein Cereal Strawberry Blitz Pot	1 in Store only
Fish 4 Ever Sardines Spr/water	10 in Store only
Kent Fraser Choc Chip Cookie	1 in Store only
Kent Fraser Vanilla Butter Crunch	1 in Store only
Miller's Choice Vital Wheat Gluten	1 in Store only
Nelson Manuka 300+ Banded	Currently Out of Stock
Orgran Corn & Veg Pasta Penne	5 in Store only
Palmyra Blossom Nectar	1 in Store only
Sanchi Tamari Soy Sauce 300ml	1 in Store only
ZenB Pasta Fusilli Yellow Peas	1 in Store only
Aberfeldy Oatcakes	10 in Store and Online
Alara Gluten Free Muesli	1 in Store and Online
Almond Extract	1 in Store and Online
Anderson's Blossom Honey	16 in Store and Online
Anderson's Blossom Honey 227g	16 in Store and Online
Anderson's Blossom Honey 340g	35 in Store and Online
Anderson's Heather Honey	2 in Store and Online
Apple Cider Vinegar	3 in Store and Online
Avocado Oil	Currently Out of Stock
Baked Beans and Sausages	3 in Store and Online
Baking Powder - gluten free	1 in Store and Online
Barley Malt Extract	3 in Store and Online
Barley Malt Extract 370g	3 in Store and Online
Bee Pollen - Organic	Currently Out of Stock
Bicarbonate of Soda - gluten free	5 in Store and Online
Black Cherry Spread	2 in Store and Online
Blackcurrant Spread	2 in Store and Online
Blackeyed Beans - 500g	4 in Store and Online
Blueberry Spread	2 in Store and Online

Product	Availability
Bombay Mix 200g	19 in Store and Online
Bouillon Less Salt (Purple)	3 in Store and Online
Bouillon Less Salt (Purple) 500g	2 in Store and Online
Bouillon Standard (Green) 150g	3 in Store and Online
Bouillon Standard (Green) 500g	3 in Store and Online
Braised Tofu	2 in Store and Online
Broth Mix	6 in Store and Online
Brown Rice & Wakame Noodles	1 in Store and Online
Brown Rice Miso Jar	2 in Store and Online
Buckwheat Noodles	2 in Store and Online
Cashew Nut Roast	3 in Store and Online
Cashew Nut Roast - Gluten Free	4 in Store and Online
Celtic Sea Salt 1kg Coarse	2 in Store and Online
Celtic Sea Salt 1kg Fine	6 in Store and Online
Celtic Sea Salt Shaker	4 in Store and Online
Celtic Sea Salt Tub	6 in Store and Online
Certo Liquid Pectin	3 in Store and Online
Chestnut Honey	13 in Store and Online
Chia Seeds 125g	2 in Store and Online
Chickpea Noodles 100g	18 in Store and Online
Chickpea Twists 100g	9 in Store and Online
Chocolate Oat Biscuits	4 in Store and Online
Chocolate Vermicelli - Dark	7 in Store and Online
Chocolate Vermicelli - Light	6 in Store and Online
Clear Honey 3.17 kg (7 lbs)	1 in Store and Online
Clover Honey	5 in Store and Online
Corn & Rice Spaghetti	1 in Store and Online
Cream of Tartar	2 in Store and Online
Crunchy Hazelnut Butter 170g	2 in Store and Online
Crunchy Peanut Butter + salt	Currently Out of Stock
Custard Powder	2 in Store and Online
Dark Muscovado Sugar	2 in Store and Online
Dried (Swell) Vegetables	13 in Store and Online
Easy Bake Yeast	8 in Store and Online
Eat Real Hummus + Tomato	8 in Store and Online
Eat Real Lentil + Chilli	10 in Store and Online
Eat Real Lentil + Salt	2 in Store and Online
Edamame Hummus	3 in Store and Online

Product	Availability
Engevita Nutritional Yeast B12	4 in Store and Online
Engevita Nutritional Yeast Protein	5 in Store and Online
Engevita Super Engevita Vit D Yeast Flakes	Currently Out of Stock
Finn Crisp Original Rye	11 in Store and Online
Flax, pumpkin, sunflower seeds	2 in Store and Online
Freekeh 125g	2 in Store and Online
Garden Veggies	5 in Store and Online
Genmai Miso	2 in Store and Online
Ginger Oat Biscuits	1 in Store and Online
Gluten Free 100% Brown Rice Noodles	2 in Store and Online
Gluten Free Sliced Seeded Bread	Currently Out of Stock
Granovita Mushroom Pate	2 in Store and Online
Granovita Olive Pate	3 in Store and Online
Green Nori Sprinkle	2 in Store and Online
Herbamare ® Low Salt 125g	1 in Store and Online
Herbamare ® Original 125g	3 in Store and Online
Herbamare ® Original 250g	2 in Store and Online
Herbamare ® Original 500g	3 in Store and Online
Herbamare ® Spicy 125g	2 in Store and Online
Honegar 500ml	6 in Store and Online
Honegar 750ml	Currently Out of Stock
Irish Carrageen (Sea moss) 50g	5 in Store and Online
Irish Kombu 50g	4 in Store and Online
Irish Mixed Sea Veg 50g	4 in Store and Online
Japanese Kombu	1 in Store and Online
Japanese Nori	2 in Store and Online
Japanese Wakame	1 in Store and Online
Kelpamare Seasoning Sauce	2 in Store and Online
Keto Granola Paleo Fruit Cereal	2 in Store and Online
Keto Pancake & Waffle Baking Mix	1 in Store and Online
KetoKeto Coconut & Cashew Bar	12 in Store and Online
Kidney Bean & Red Pepper Pate	1 in Store and Online
Lavender Honey	15 in Store and Online
Lime Honey	13 in Store and Online
Liquid Coconut Oil	2 in Store and Online
Malt Extract - Classic	3 in Store and Online
Malt Extract + Cod Liver Oil	2 in Store and Online
Manuka Honey 10+ 250	1 in Store and Online

Product	Availability
Manuka Honey UMF10+/MGO261	1 in Store and Online
Manuka Honey UMF5+/MGO83	2 in Store and Online
Manuka Honey UMF5+/MGO83	3 in Store and Online
Manuka MGO100 2 x 500g	Currently Out of Stock
Manuka MGO30 2 x 500g	3 in Store and Online
Mirabella Plum Spread	7 in Store and Online
Mugi Miso	1 in Store and Online
Multifloral Manuka Honey MGO50+	2 in Store and Online
Multifloral Manuka Honey MGO50+	2 in Store and Online
Oat Granola	2 in Store and Online
Ochil Scottish Honey - Heather	Currently Out of Stock
Ochil Scottish Honey - Runny	Currently Out of Stock
Ochil Scottish Honey - Set	Currently Out of Stock
Ochil Scottish Honey with Turmeric	Currently Out of Stock
Orange & Ginger Spread	5 in Store and Online
Orange Spread	7 in Store and Online
Orchard Apple Crunchy Granola	2 in Store and Online
Organic Capers	2 in Store and Online
Organic Chia Flax Keto Bread	2 in Store and Online
Organic Dulse	1 in Store and Online
Organic Fiji Ginger Syrup	1 in Store and Online
Organic Miso Soup	2 in Store and Online
Original Flax Keto Bread	2 in Store and Online
Original Mayonnaise	1 in Store and Online
Pear & Apple Fruit Spread	4 in Store and Online
Pear & Apple Fruit Spread	3 in Store and Online
Pink Himalayan Salt Coarse 500g	3 in Store and Online
Pink Himalayan Salt Fine 500g	3 in Store and Online
Pomegranate Molasses	1 in Store and Online
Protein Packed Lentil Cakes	2 in Store and Online
Quick Yeast - gluten free	9 in Store and Online
Rainforest Honey & Vitamin D3	4 in Store and Online
Rainforest Honey 10+ Active	4 in Store and Online
Raspberry & Pomegranate Spread	4 in Store and Online
Raspberry Spread	2 in Store and Online
Raw Cider Vinegar + Turmeric	2 in Store and Online
Red Miso Soup	1 in Store and Online
Reduced Salt Yeast Extract	3 in Store or Click & Collect

Product	Availability
Rock Salt 500g	2 in Store and Online
Scottish Blossom Honey 340g	25 in Store and Online
Scottish Heather & Wildflower Honey	5 in Store and Online
Scottish Heather Honey 113g	14 in Store and Online
Scottish Heather Honey 227g	Currently Out of Stock
Scottish Heather Honey 340g	23 in Store and Online
Scottish Heather Honey 340g	Currently Out of Stock
Scottish Honey - Runny	Currently Out of Stock
Scottish Honey - Set	3 in Store and Online
Scottish Runny Blossom Honey	3 in Store and Online
Sea Salad Organic	Currently Out of Stock
Sea Salt Flakes	3 in Store and Online
Seitan in Tamari Sauce	3 in Store and Online
Signature Blend Honey 227g	Currently Out of Stock
Smooth Almond Butter 170g	2 in Store and Online
Smooth Almond Butter 1kg	1 in Store or Click & Collect
Smooth Almond Butter No Salt	2 in Store and Online
Stem Ginger in Syrup	2 in Store and Online
Stirlingshire Honey Runny	Currently Out of Stock
Strawberry Spread	6 in Store and Online
Sundried Tomato Nut Roast	2 in Store and Online
Sushi Nori	1 in Store and Online
Tahini Dark	4 in Store and Online
Tahini Light	3 in Store and Online
Tamari - 500ml	2 in Store and Online
Tamari Reduced Salt	2 in Store and Online
Tempeh (or Tempe)	1 in Store and Online
Thick Apricot Spread	2 in Store and Online
Toasted Nori Strips	2 in Store and Online
Truvia Sweetener	1 in Store and Online
Vecon Vegetable Stock	2 in Store or Click & Collect
Vegan Burger Sauce	2 in Store and Online
Vegan Jelly - Strawberry	2 in Store and Online
Vegan Pesto - 165g	2 in Store and Online
Vegan Pesto - 340g BB 11-2023	1 in Store and Online
Vegeteset Jelly - Clear	2 in Store and Online
Veggie Jelly - Raspberry	7 in Store and Online
Veggie Jelly - Strawberry	3 in Store and Online

Product	Availability
Veggie Jelly - Tropical	3 in Store and Online
Vego Spread Crunchy	6 in Store and Online
Vitamin C - gluten free	2 in Store and Online
Wheat Germ 400g	5 in Store and Online
Wildflower & Manuka Honey	4 in Store and Online
Xanthan Gum - gluten free	6 in Store and Online
Xylitol - 1kg	1 in Store and Online
Xylitol - 225g	1 in Store and Online
Yeast Extract	1 in Store and Online
Yeast Extract + salt	3 in Store and Online
Yogurt Coated Raisins	13 in Store and Online

About the Stirling Health Food Store in Scotland, UK

Established in 1976 in Stirling, Scotland UK, our award-winning independent Health Shop has over 40 years of experience in the health food sector. We serve customers throughout Scotland and the UK and are best known for our knowledge, customer services and competitive prices.

We sell ethical, organic, vegetarian, vegan, chemical free, natural, fairtrade, local, dietary foods and real products. We believe in being independent, supporting the local community and minimising environmental impact.

The Stirling Health Food Store
29 Dumbarton Road
Stirling
FK8 2LQ
Scotland, UK

tel: 01786 464903
email: contact@stirlinghealthfoodstore.co.uk
website: StirlingHealthFoodStore.co.uk

