

# FOOD - Products of the Stirling Health Food Store on 18/12/18

Below is a list of products, we have in store and/or online in the category 'FOOD' on Tuesday 18 December 2018.

If a product is not listed on our site, please phone the Stirling Health Food Store at 01786 464903. We can often order products in quickly.

Product	Availability
Amaizin org tortilla wrap	2 in Store only
Eat Real Quinoa Kale Puf Chees	Currently Out of Stock
Fish 4 Ever pink salmon 213g	Currently Out of Stock
Fish 4 Ever Sardines Spr/water	Currently Out of Stock
GC fine sea salt 500g	5 in Store only
GC ground almonds 500g	3 in Store only
Kallo Salt Bals Vin Snack	4 in Store only
Rainforest Honey 10+ 227g	8 in Store only
<a href="#">Aberfeldy Oatcakes</a>	17 in Store and Online
<a href="#">Agar Agar Flakes</a>	1 in Store and Online
<a href="#">Alara Gluten Free Muesli</a>	1 in Store and Online
<a href="#">Almond Extract</a>	1 in Store and Online
<a href="#">Almonds 125g</a>	6 in Store and Online
<a href="#">Anderson's Blossom Honey</a>	42 in Store and Online
<a href="#">Anderson's Heather Honey</a>	28 in Store and Online
<a href="#">Apple &amp; Blueberry Puree</a>	2 in Store and Online
<a href="#">Apple Cider Vinegar</a>	1 in Store and Online
<a href="#">Apricots 250g</a>	3 in Store and Online
<a href="#">Arrowroot 50g</a>	3 in Store and Online
<a href="#">Atlantic Wakame</a>	1 in Store and Online
<a href="#">Baked Beans and Sausages</a>	1 in Store and Online
<a href="#">Baking Powder - gluten free</a>	4 in Store and Online
<a href="#">Barley Malt Extract</a>	3 in Store and Online

<b>Product</b>	<b>Availability</b>
<a href="#">Barley Malt Extract 370g</a>	3 in Store and Online
<a href="#">Bee Pollen - Organic</a>	1 in Store and Online
<a href="#">Bicarbonate of Soda - gluten free</a>	2 in Store and Online
<a href="#">Black Cherry Spread</a>	2 in Store and Online
<a href="#">Black Pepper Oatcakes</a>	3 in Store and Online
<a href="#">Blackcurrant Spread</a>	1 in Store and Online
<a href="#">Blackeyed Beans - 500g</a>	1 in Store and Online
<a href="#">Bombay Mix 200g</a>	21 in Store and Online
<a href="#">Bouillon Less Salt (Purple)</a>	3 in Store and Online
<a href="#">Bouillon Less Salt (Purple) 1000g</a>	2 in Store and Online
<a href="#">Bouillon Less Salt (Purple) 500g</a>	Currently Out of Stock
<a href="#">Bouillon Standard (Green) 1000g</a>	Currently Out of Stock
<a href="#">Bouillon Standard (Green) 150g</a>	3 in Store and Online
<a href="#">Bouillon Standard (Green) 500g</a>	2 in Store and Online
<a href="#">Bragg Liquid Aminos</a>	2 in Store and Online
<a href="#">Bragg Liquid Aminos 946ml</a>	1 in Store and Online
<a href="#">Braised Tofu</a>	2 in Store and Online
<a href="#">Brown Rice Miso Jar</a>	2 in Store and Online
<a href="#">Buckwheat Noodles</a>	3 in Store and Online
<a href="#">Carob Powder</a>	2 in Store and Online
<a href="#">Cashew Nut Roast</a>	4 in Store and Online
<a href="#">Certo Liquid Pectin</a>	2 in Store and Online
<a href="#">Chestnut Honey</a>	15 in Store and Online
<a href="#">Chestnut Puree 200g</a>	2 in Store and Online
<a href="#">Chestnuts 200g</a>	Currently Out of Stock
<a href="#">Chia Seeds 125g</a>	7 in Store and Online
<a href="#">Chickpea Noodles 100g</a>	30 in Store and Online
<a href="#">Chocolate Oat Biscuits</a>	2 in Store and Online
<a href="#">Chocolate Vermicelli - Dark</a>	8 in Store and Online
<a href="#">Chocolate Vermicelli - Light</a>	15 in Store and Online
<a href="#">Clover Honey</a>	19 in Store and Online

<b>Product</b>	<b>Availability</b>
<a href="#">Coarse Oatmeal 2kg</a>	11 in Store or Click & Collect
<a href="#">Cocoa &amp; Peanut Butter</a>	Currently Out of Stock
<a href="#">Coconut Milk Powder</a>	1 in Store and Online
<a href="#">Copy of Bouillon Standard (Green) 1000g</a>	Currently Out of Stock
<a href="#">Cream of Tartar</a>	2 in Store and Online
<a href="#">Crunchy Hazelnut Butter 170g</a>	2 in Store and Online
<a href="#">Crunchy Peanut Butter</a>	4 in Store and Online
<a href="#">Crunchy Peanut Butter + salt</a>	5 in Store and Online
<a href="#">Custard Powder</a>	2 in Store and Online
<a href="#">Dark Muscovado Sugar</a>	2 in Store and Online
<a href="#">Dried (Swell) Vegetables</a>	15 in Store and Online
<a href="#">Dried Ginger Pieces</a>	5 in Store and Online
<a href="#">Easy Bake Yeast</a>	24 in Store and Online
<a href="#">Eat Real Lentil + Chilli</a>	12 in Store and Online
<a href="#">Eat Real Lentil + Salt</a>	3 in Store and Online
<a href="#">Eat Real Quinoa Jalapeno Puffs</a>	3 in Store and Online
<a href="#">Engevita Nutritional Yeast B12</a>	9 in Store and Online
<a href="#">Engevita Nutritional Yeast Flakes</a>	2 in Store and Online
<a href="#">Engevita Nutritional Yeast Organic</a>	1 in Store and Online
<a href="#">Fine Oatmeal 1kg</a>	Currently Out of Stock
<a href="#">Fine Oatmeal 500 grams</a>	9 in Store and Online
<a href="#">Finn Crisp Original Rye</a>	3 in Store and Online
<a href="#">Flaked Almonds 125g</a>	3 in Store and Online
<a href="#">Four Fruits Spread</a>	3 in Store and Online
<a href="#">Freekeh 125g</a>	2 in Store and Online
<a href="#">Genmai Miso</a>	1 in Store and Online
<a href="#">Ginger Oat Biscuits</a>	Currently Out of Stock
<a href="#">Goji Berries 125g</a>	2 in Store and Online
<a href="#">Golden Icing Sugar</a>	1 in Store and Online
<a href="#">Golden Peach Spread</a>	2 in Store and Online
<a href="#">Gram Flour - Gluten free</a>	Currently Out of Stock

<b>Product</b>	<b>Availability</b>
<a href="#">Granary Flour</a>	4 in Store and Online
<a href="#">Granovita Chickpea Pate</a>	2 in Store and Online
<a href="#">Granovita Mushroom Pate</a>	2 in Store and Online
<a href="#">Granovita Olive Pate</a>	1 in Store and Online
<a href="#">Granovita Peppercorns Pate</a>	2 in Store and Online
<a href="#">Granovita Tomato Pate</a>	1 in Store and Online
<a href="#">Green Nori Sprinkle</a>	3 in Store and Online
<a href="#">Ground Almonds 220g</a>	3 in Store and Online
<a href="#">Herbamare ® Low Salt 125g</a>	2 in Store and Online
<a href="#">Herbamare ® Original 125g</a>	3 in Store and Online
<a href="#">Herbamare ® Original 250g</a>	3 in Store and Online
<a href="#">Herbamare ® Original 500g</a>	1 in Store and Online
<a href="#">Herbamare ® Spicy 125g</a>	2 in Store and Online
<a href="#">Hilltop Raw Wildflower Honey</a>	Currently Out of Stock
<a href="#">Honegar 1000ml</a>	1 in Store or Click & Collect
<a href="#">Honegar 500ml</a>	1 in Store and Online
<a href="#">Irish Carrageen 50g</a>	4 in Store and Online
<a href="#">Irish Kombu 50g</a>	2 in Store and Online
<a href="#">Irish Mixed Sea Veg 50g</a>	2 in Store and Online
<a href="#">Japanese Nori</a>	1 in Store and Online
<a href="#">Lavender Honey</a>	4 in Store and Online
<a href="#">Light Muscovado Sugar</a>	2 in Store and Online
<a href="#">Lime Honey</a>	14 in Store and Online
<a href="#">Linseed - 500g</a>	2 in Store and Online
<a href="#">Linusit Gold 1000g</a>	2 in Store and Online
<a href="#">Linusit Gold 250g</a>	2 in Store and Online
<a href="#">Linusit Gold 500g</a>	2 in Store and Online
<a href="#">Liquid Coconut Oil</a>	2 in Store and Online
<a href="#">Malt Extract - Classic</a>	3 in Store and Online
<a href="#">Malt Extract + Cod Liver Oil</a>	2 in Store and Online
<a href="#">Manuka 100+ 2 x 500g</a>	4 in Store and Online

<b>Product</b>	<b>Availability</b>
<a href="#">Manuka 200+ 2 x 500g</a>	6 in Store and Online
<a href="#">Manuka 30+ 2 x 500g</a>	2 in Store and Online
<a href="#">Manuka Honey 10+ 250</a>	2 in Store and Online
<a href="#">Manuka Honey 10+ 500</a>	1 in Store and Online
<a href="#">Manuka Honey 5+ 500</a>	1 in Store and Online
<a href="#">Manuka Honey Lozenges</a>	1 in Store and Online
<a href="#">Medium Oatmeal 1kg</a>	9 in Store and Online
<a href="#">Medium Oatmeal 2kg</a>	11 in Store or Click & Collect
<a href="#">Medium Oatmeal 500g</a>	15 in Store and Online
<a href="#">Mirabella Plum Spread</a>	4 in Store and Online
<a href="#">Mixed Nuts 250g</a>	6 in Store and Online
<a href="#">Mugi Miso</a>	1 in Store and Online
<a href="#">Mungos Organic W/meal Strong Bread Flour</a>	10 in Store and Online
<a href="#">Oblaten Lebkuchen</a>	5 in Store and Online
<a href="#">Orange &amp; Ginger Spread</a>	2 in Store and Online
<a href="#">Organic Avocado Oil</a>	2 in Store and Online
<a href="#">Organic Dried Mango</a>	1 in Store and Online
<a href="#">Organic Ghee 245g</a>	1 in Store and Online
<a href="#">Organic Miso Soup</a>	1 in Store and Online
<a href="#">Organic Pumpkin Seed Oil</a>	2 in Store and Online
<a href="#">Organic Pure Coconut Butter</a>	3 in Store and Online
<a href="#">Pear &amp; Apple Fruit Spread</a>	6 in Store and Online
<a href="#">Pear &amp; Apple Fruit Spread</a>	Currently Out of Stock
<a href="#">Pear &amp; Apricot Fruit Spread</a>	Currently Out of Stock
<a href="#">Pearl Couscous</a>	4 in Store and Online
<a href="#">Peasemeal (Brosemeal)</a>	1 in Store and Online
<a href="#">Pecan Nuts 125g</a>	Currently Out of Stock
<a href="#">Pinhead Oatmeal 1kg</a>	12 in Store and Online
<a href="#">Pinhead Oatmeal 2kg</a>	12 in Store or Click & Collect
<a href="#">Pinhead Oatmeal 500g</a>	3 in Store and Online
<a href="#">Pink Himalayan Salt Coarse 500g</a>	2 in Store and Online

<b>Product</b>	<b>Availability</b>
<a href="#">Pink Himalayan Salt Fine 500g</a>	3 in Store and Online
<a href="#">Pitted Dates 500g</a>	6 in Store and Online
<a href="#">Pomegranate Molasses</a>	1 in Store and Online
<a href="#">Potato Starch (Flour) - Gluten free</a>	6 in Store and Online
<a href="#">Protein Packed Lentil Cakes</a>	2 in Store and Online
<a href="#">Pure Liquorice Juice Stick</a>	8 in Store and Online
<a href="#">Quick Yeast - gluten free</a>	8 in Store and Online
<a href="#">Raspberry &amp; Pomegranate Spread</a>	1 in Store and Online
<a href="#">Raspberry Spread</a>	3 in Store and Online
<a href="#">Red Miso Soup</a>	2 in Store and Online
<a href="#">Reduced Salt Yeast Extract</a>	Currently Out of Stock
<a href="#">Rock Salt 500g</a>	1 in Store and Online
<a href="#">Sanchi Miso Soup</a>	1 in Store and Online
<a href="#">Sateh Sauce</a>	1 in Store and Online
<a href="#">Scottish Blossom Honey - 227g</a>	11 in Store and Online
<a href="#">Scottish Blossom Honey - 454g</a>	12 in Store and Online
<a href="#">Scottish Blossom Honey 340g</a>	19 in Store and Online
<a href="#">Scottish Heather Honey - 454g</a>	Currently Out of Stock
<a href="#">Scottish Heather Honey 113g</a>	11 in Store and Online
<a href="#">Scottish Heather Honey 227g</a>	13 in Store and Online
<a href="#">Scottish Heather Honey 340g</a>	10 in Store and Online
<a href="#">Sea Salt Flakes</a>	2 in Store and Online
<a href="#">Sea Spaghetti Dried</a>	1 in Store and Online
<a href="#">Seitan in Tamari Sauce</a>	2 in Store and Online
<a href="#">Sesame Seeds - 250g</a>	6 in Store and Online
<a href="#">Shoyu - 150ml</a>	2 in Store and Online
<a href="#">Shoyu - 500ml</a>	1 in Store and Online
<a href="#">Shoyu - Organic 500ml</a>	1 in Store and Online
<a href="#">Small Crispbread Selection Box</a>	3 in Store and Online
<a href="#">Smooth Almond Butter 170g</a>	3 in Store and Online
<a href="#">Smooth Almond Butter 1kg</a>	2 in Store and Online

<b>Product</b>	<b>Availability</b>
<a href="#">Smooth Cashew Butter 170g</a>	1 in Store and Online
<a href="#">Smooth Cashew Butter 1kg</a>	1 in Store and Online
<a href="#">Smooth Peanut Butter</a>	3 in Store and Online
<a href="#">Smooth Peanut Butter + Salt</a>	1 in Store and Online
<a href="#">Smooth Peanut Butter 1kg</a>	2 in Store and Online
<a href="#">Soya 'Single Cream'</a>	Currently Out of Stock
<a href="#">Stem Ginger in Syrup</a>	2 in Store and Online
<a href="#">Strawberry Spread</a>	3 in Store and Online
<a href="#">Strong Stoneground Wholemeal</a>	2 in Store and Online
<a href="#">Sugar Kelp</a>	1 in Store and Online
<a href="#">Sukrin Gold 220g</a>	1 in Store and Online
<a href="#">Sundried Tomato Nut Roast</a>	2 in Store and Online
<a href="#">Sushi Nori</a>	2 in Store and Online
<a href="#">Sweet Potato Chips 40g</a>	Currently Out of Stock
<a href="#">Tahini Dark</a>	2 in Store and Online
<a href="#">Tahini Light</a>	1 in Store and Online
<a href="#">Tamari - 150ml</a>	2 in Store and Online
<a href="#">Tamari - 500ml</a>	2 in Store and Online
<a href="#">Tamari Reduced Salt</a>	1 in Store and Online
<a href="#">Tempeh (or Tempe)</a>	3 in Store and Online
<a href="#">The Great Taste Selection</a>	2 in Store and Online
<a href="#">Thick Apricot Spread</a>	Currently Out of Stock
<a href="#">Thick Cut Orange Spread</a>	4 in Store and Online
<a href="#">Thick Oatcakes</a>	14 in Store and Online
<a href="#">Toasted Nori Strips</a>	3 in Store and Online
<a href="#">Traditional Sea Salt</a>	2 in Store and Online
<a href="#">Truvia Sweetener</a>	1 in Store and Online
<a href="#">Vanilla Extract</a>	Currently Out of Stock
<a href="#">Vecon Vegetable Stock</a>	2 in Store and Online
<a href="#">Vegan Pesto - 165g</a>	2 in Store and Online
<a href="#">Vegan Pesto - 340g</a>	2 in Store and Online

Product	Availability
<a href="#">Vegezet Jelly - Clear</a>	2 in Store and Online
<a href="#">Vegetarian Banger Mix</a>	1 in Store and Online
<a href="#">Vegetarian 'Rennet'</a>	1 in Store and Online
<a href="#">Veggie Jelly - Raspberry</a>	Currently Out of Stock
<a href="#">Veggie Jelly - Strawberry</a>	3 in Store and Online
<a href="#">Veggie Jelly - Tropical</a>	2 in Store and Online
<a href="#">Very Strong White Flour</a>	2 in Store and Online
<a href="#">Vital Wheat Gluten Flour</a>	2 in Store and Online
<a href="#">Vitamin C - gluten free</a>	3 in Store and Online
<a href="#">Wasabi Peas 100g</a>	10 in Store and Online
<a href="#">Wheat Germ 500g</a>	5 in Store and Online
<a href="#">Wild Blueberry Spread</a>	3 in Store and Online
<a href="#">Xanthan Gum - gluten free</a>	4 in Store and Online
<a href="#">Xylitol - 1kg</a>	1 in Store and Online
<a href="#">Xylitol - 225g</a>	2 in Store and Online
<a href="#">Yeast Extract</a>	Currently Out of Stock
<a href="#">Yeast Extract + salt</a>	1 in Store and Online
<a href="#">Yogurt Coated Banana</a>	3 in Store and Online
<a href="#">Yogurt Coated Ginger</a>	10 in Store and Online
<a href="#">Yogurt Coated Raisins</a>	10 in Store and Online

## About the Stirling Health Food Store in Scotland, UK

Established in 1976 in Stirling, Scotland UK, our award-winning independent Health Shop has over 40 years of experience in the health food sector. We serve customers throughout Scotland and the UK and are best known for our knowledge, customer services and competitive prices.

We sell ethical, organic, vegetarian, vegan, chemical free, natural, fairtrade, local, dietary foods and real products. We believe in being independent, supporting the local community and minimising environmental impact.

**For all enquiries or ordering, call us on 01786 464903**



The Stirling Health Food Store  
29 Dumbarton Road  
Stirling  
FK8 2LQ  
Scotland, UK

tel: 01786 464903

email: [contact@stirlinghealthfoodstore.co.uk](mailto:contact@stirlinghealthfoodstore.co.uk)

website: [StirlingHealthFoodStore.co.uk](http://StirlingHealthFoodStore.co.uk)